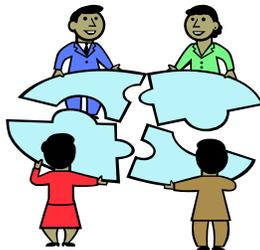


RMD Bulletin

Knowledge is power...

Parent-Child Interaction Therapy



for Children 2 – 5 years of age

As of October 1, 2012, the Department of Mental Health entered into a five year strategic partnership with First 5 LA to implement the expansion of Parent-Child Interaction Therapy (PCIT) for the focal population of children two through five years of age throughout Los Angeles County. Trainings will be delivered by the University of California, Davis PCIT Training Center.

The target population for the First 5 LA PCIT grant is clients 2 to 5 years of age and their caregivers/families. In order to participate in First 5 LA PCIT, the client must meet the following eligibility requirements:

- Medical necessity.
- Exhibit externalizing behaviors that would make First 5 LA PCIT the most effective treatment.

Clients who are undocumented may be eligible for First 5 LA PCIT services. Additionally, clients who enter into the First 5 LA PCIT program at the age of 5, but who turn 6 years of age may continue to be enrolled until their treatment is completed. *Special consideration will be given to teen parents who are themselves in the child welfare system and have children ages 2-5, as well as other children (ages 2-5) who are either in or at risk of entering the child welfare system.*

Who is not eligible?

- Clients already enrolled in a Prevention and Early Intervention (PEI) PCIT program.
- Clients who are older than 5 years of age upon enrollment of First 5 LA PCIT.

Attached to this Bulletin is a comprehensive document containing program guidelines including core interventions, a documentation overview, information on the First_5_LA Funding Plan, and instructions on the Evidence-Based Practice (EBP) and Service Strategies codes to be used with the plan.

If you have any questions or require further information, please contact Kim T. Nguyen Pierce, Ph.D. at knguyenpierce@dmh.lacounty.gov.

CLAIMING GUIDELINES

CLAIMING TO FIRST 5 LA PCIT

When claiming to the First_5_LA Plan, there are special requirements regarding the use of *EBP codes. *** Plan is listed as First_5_LA in the IS ***

A. Evidence Based Practice and Service Strategy Codes

LAC-DMH implemented the use of EBP and SS codes in November 2006. Reporting the use of EBP and SS interventions are a State and Federal requirement, regardless of the funding source.

- EBP codes reflect services that are provided as part of an Evidence-Based Practice when the program using the EBP meets the fidelity and criteria of the EBP model. In addition, in order to use an EBP code for a service, the client must meet the criteria identified by the EBP model and ensure that the treatment approach is appropriate to the mental health needs and treatment plan of the client.

**EBPs include Evidence-Based Practices as well as Community-Defined Evidence Practices (CDE) and Promising/Pilot Practices (PP).*

- SS codes are used to describe the intervention strategies reflected by the service provided. Unlike EBP codes, there are no fidelity or criteria measurements in order to use SS codes. Any program, regardless of funding source, may use SS codes if the program/staff person believes the service meets the definition of the SS.

B. Using EBP codes when claiming to First 5 LA

When claiming to the First_5_LA Funding Plan, there are special requirements regarding the use of EBP codes.

1. All services for clients being claimed to First_5_LA Plan **MUST** have the approved EBP code selected for the claim:
 - a. When claiming services to the First_5_LA plan, an EBP code must **ALWAYS** be selected. **Code 2R**. PCIT - Parent-Child Interaction Therapy.
 - b. Only one EBP can be identified on a claim.
 - c. "No EBP/SS" (Code 00) **may not** be selected for claims under the First_5_LA Plan.

- d. Select First_5_LA and no more than two Service Strategies (if Service Strategies are applicable) and the procedure code which corresponds to the service claimed.

Service Strategies

| CODE | CODE ABBREV. | SERVICE STRATEGIES |
|------|------------------|---|
| 50 | SS Peer &/or Fam | Peer and/or Family Delivered Services |
| 51 | SS Psy/Edu | Psychoeducation |
| 52 | SS Psy/Edu | Family Support |
| 53 | SS Fam/Sup | Supportive Education |
| 54 | SS Ptnr LawEnf | Delivered in Partnership with Law Enforcement (Includes Courts, Probation, Etc.,) |
| 55 | SS Ptnr HlthCare | Delivered in Partnership with Health Care |
| 56 | SS Ptnr SocSvcs | Delivered in Partnership with Social Services |
| 57 | SS Ptnr SubAbuse | Delivered in Partnership with Substance Abuse Services |
| 58 | SS Integ Aging | Integrated Services in Mental Health and Aging |
| 59 | SS Integrated DD | Integrated Services for Mental Health and Developmental Disabilities |
| 60 | SS Eth-Spc. | Ethnic-Specific Service Strategy |
| 61 | SS Age-Spc. | Age-Specific Service Strategy |

2. Rendering Providers **MUST** be trained in the EBP in order to claim services under the First_5_LA Plan.

C. Special Additional Criteria for the use of First 5 LA PCIT

1. The First_5_LA IS Plan is age-specific.
 - a. Client **MUST** be aged 2-5 years on the date service begins.
 - b. Claiming can continue for a client who turns 6 years of age as long as she/he was 5 when services originally began.
2. There are two options to claim PCIT to First_5_LA in the IS:
 - a. First 5 LA non Medi-Cal/non Healthy Families
 - b. First 5 LA Medi-Cal/Healthy Families
3. In addition to the instructions noted above for claims under the FIRST_5_LA Plan, the Rendering Provider of the service **MUST** also be trained in the use of the PCIT model by either the UC Davis Training Center or by a provider clinician trained in Advanced PCIT.

D. Procedure Codes for First 5 LA PCIT EBP

1. Procedure codes are determined by the service provided. Procedure codes are listed below.

First 5 LA PCIT Core Interventions

| CORE INTERVENTION | PROCEDURE CODE |
|----------------------|----------------|
| Assessment | 90791 |
| Collateral | 90887 |
| Family Psychotherapy | 90847 |

2. First 5 LA PCIT “Core” Interventions and “Non-Core” Services utilize the same procedure codes as all other services – DMH Procedure Codes Manual.
3. First 5 LA Services are identified by the FIRST_5_LA IS Plan and potentially, the EBP selected.

IMPORTANT REMINDERS:

- Clients currently enrolled in PCIT under PEI funding may not be transferred to PCIT First 5 LA funding source even if they meet all of the criteria. The FIRST_5_LA IS Plan is for clients who are newly enrolled into PCIT.
- You can deliver an EBP under any funding source; however, to claim to the First 5 LA grant you **MUST** deliver PCIT under the FIRST_5_LA Plan.
- Reporting the use of EBP and SS interventions are a State and Federal requirement, regardless of the funding source.

OVERVIEW OF DOCUMENTING AND CLAIMING FIRST 5 LA PCIT SERVICES

1. Complete the ICARE Initial Assessment for birth to 5 (IFMH Form: MH645).
 - a. Determine if client meets medical necessity. If yes, is First 5 LA PCIT the most effective for the client?
 - b. Determine if client meets First 5 LA target population.
 - c. Staff must be trained in the model to provide “Core” services.
 - d. Administer appropriate screening tool / initial outcome measures.
 1. Eyeberg Child Behavior Inventory (ECBI)
 2. Sutter Eyeberg Child Behavior Inventory (SESBI)
 3. Parenting Stress Index – Short Form (PSI-4-SF)
 4. Trauma Symptom Checklist for Young Children (TSCYC)
2. Complete the Client Care Plan. In the area that states “other,” write the name of the EBP (e.g., Other: PCIT).
3. Complete a Client Coordination Plan (if client is open to more than one provider).
4. Maintain fidelity to EBP model by ensuring the majority of services provided to the client are ‘core’ interventions of the EBP in which the client is receiving services.
5. Complete Progress Note (document intervention, location of service, staff’s time and procedure code).
6. Fill in Daily Service Log (required for Directly-Operated Providers), which is available on the DMH website and may be accessed through the following link:

http://dmh.lacounty.gov/wps/portal/dmh/admin_tools/admin_forms
7. Select the appropriate EBP/SS (PCIT) from the drop-down menu.
8. Select the appropriate Plan Summary (First_5_LA) (based on client being between 2-5 years of age on date initial service was begun).